



CENTRAL SHENANDOAH HEALTH DISTRICT

WEEKLY COVID-19 UPDATE & CLINIC INFORMATION

SEPTEMBER 17, 2021

 **NEW THIS WEEK!**

FREE DRIVE-THRU COVID-19 TESTING CLINICS IN AUGUSTA COUNTY AND HARRISONBURG

COVID-19 TESTING CLINIC



Testing is only available for the below individuals, regardless of vaccination status:

- Individuals with COVID-19 symptoms, and/or
- Individuals who have been exposed to someone who tested positive for COVID-19

Eligibility screening will occur onsite. Questions? Call the Staunton-Augusta Health Department at (540) 332-7830

The Central Shenandoah Health District is offering free, drive-thru COVID-19 testing clinics each week throughout the district. Testing is available for individuals, regardless of vaccination status, who have symptoms of COVID-19 and/or have been exposed to someone with a confirmed case of COVID-19. Eligibility will occur onsite.

Monday, September 20 from 8:00 am - 10:00 am at Hillandale Park, Harrisonburg

Tuesday, September 21 from 8:00 am - 10:00 am at Augusta County Government Center

Thursday, September 23 from 8:00 am - 10:00 am at Hillandale Park, Harrisonburg

Friday, September 24 from 8:00 am - 10:00 am at Augusta County Government Center

PCR tests available. A health department employee will call with results once available. Individuals should isolate until they receive a negative test. Call the Staunton-Augusta Health Department for questions or assistance: (540) 332-7830.

WHAT IS CONTACT TRACING AND WHY IS IT SO IMPORTANT?

Case investigators and contact tracers are skilled, trained public health professionals. A case investigator is someone who reaches out to people who test positive to make sure they have the resources and guidance they need to take care of themselves and isolate appropriately. A contract tracer is a person who contacts people who may have been exposed to someone with a positive COVID-19 test result to help them understand quarantine guidelines.

This provided guidance includes information on isolating and quarantining, identifying close contacts to notify so they may isolate and quarantine, and how to monitor symptoms. Unless you give permission, your name will not be given to those you came in contact with, even if they ask. This conversation will be confidential to protect and respect your privacy.

The Virginia Department of Health (VDH) has been working hard to conduct case investigations and contact tracing since the beginning of the COVID-19 response. It is important for community members to trust these public health professionals, respond to their outreach, and follow their guidance to stop the spread of COVID-19.

Contact tracing and case investigations are important because it helps VDH to:

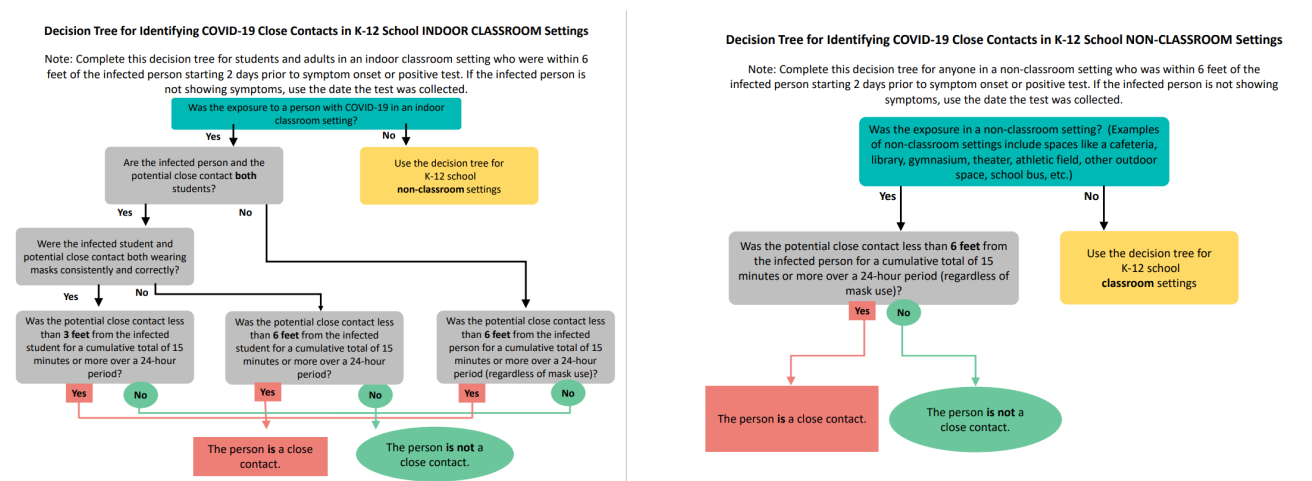
- Provide guidance and education about how to keep yourself and others safe
- Inform public health actions
- Understand communities hit hard by COVID-19
- Track the progress of the outbreak in Virginia
- Connect people with community resources they may need

Contact tracing and case investigation are tools in place to provide the community with care and resources after testing positive for COVID-19, or being identified as a close contact.

HOW DO YOU IDENTIFY YOUR "CLOSE CONTACTS"?

The CDC created two helpful decision trees for identifying a close contact of COVID-19, both in and out of K12 settings. Check out the graphics above for assistance in identifying a close contact.

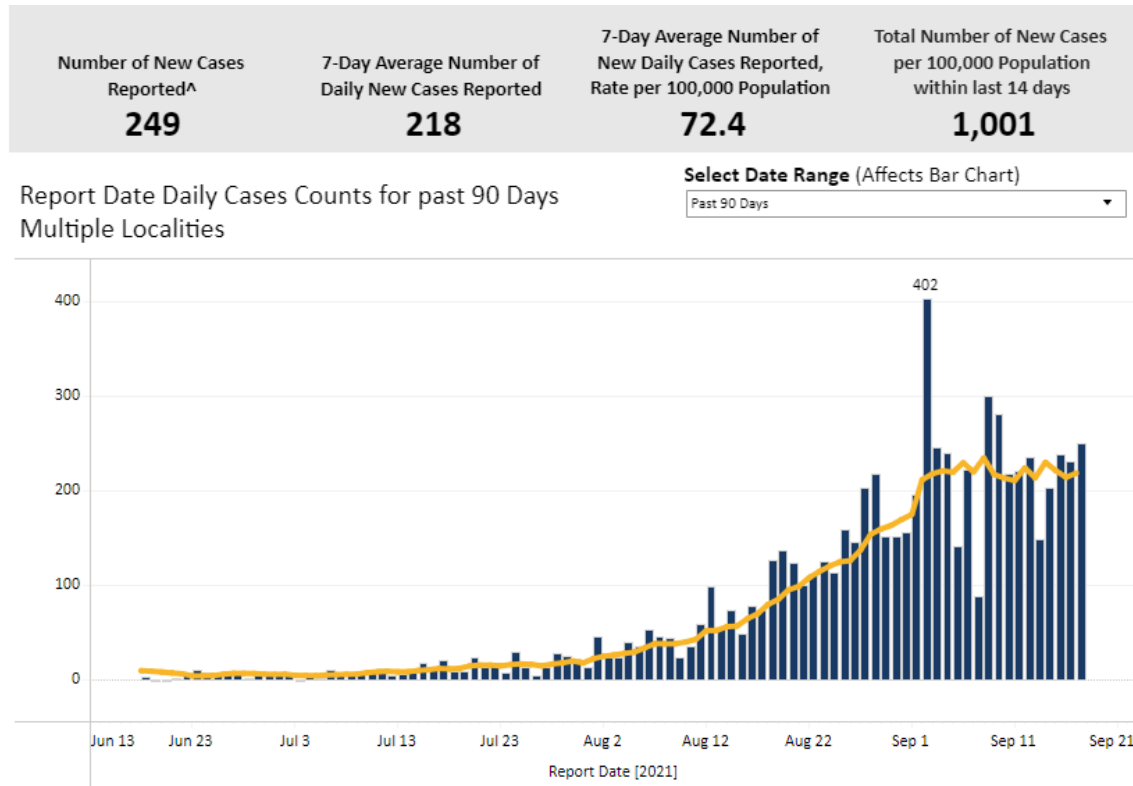
You can read more about responding to [COVID-19 cases in K-12 settings on the CDC's website](#).



CENTRAL SHENANDOAH HEALTH DISTRICT COVID-19 DATA

Case Trends

The chart below illustrates the rate of cases throughout the Central Shenandoah Health District over the last 90 days.



Case Data Breakdown

As reported to VDH, by date of lab report. May differ from other sources, due to reporting lags. Negative numbers indicate data corrections, since March 2020. More data can be found [here](#).

	7-Day Average Number of Daily New Cases Reported	Total Cases	Total Hospitalizations	Total Deaths
Rockingham County	45	8,254	508	122
Harrisonburg City	49	7,577	223	96
Augusta County	77	8,896	249	101
Staunton City	26	3,031	93	75
Waynesboro City	22	2,898	83	39
Rockbridge County	10	1,852	65	50
Lexington City	7	1,420	31	33
Buena Vista City	7	1,081	29	22
Bath County	4	373	13	12
Highland County	1	151	1	1
Totals:	248	35,533	1295	551

Vaccination Rates

You are considered to be fully vaccinated 2 weeks after your second dose in a 2-dose series or 2 weeks after a single-dose vaccine.

In the Central Shenandoah Health District, vaccination percentages are broken down by locality and city below:

	Percentage of Population receiving one dose	Percentage of Population fully vaccinated	Percentage of Adults receiving one dose	Percentage of Adults fully vaccinated
Rockingham County	50.7	46.2	60.9	55.6
Harrisonburg City	50.7	45.6	56.9	51.4
Augusta County	53.5	49.3	62.4	57.6
Staunton City	62.4	56.8	72.8	66.6
Waynesboro City	58.2	52.7	71.4	65.1
Rockbridge County	55.5	50.6	63.6	58.5
Lexington City	52.5	48.2	57.2	52.5
Buena Vista City	52.6	47.2	62.9	56.6
Bath County	53.2	46.4	60.9	53.4
Highland County	54.9	51.7	62.2	58.9
Totals:	54.4	49.5	63.1	57.6

Data Sources - Find out more!

The Virginia Department of Health maintains a COVID-19 dashboard containing case, vaccination and transmission data. To find out more about this data and how it is collected, click the link below!

Visit the VDH COVID-19 Data
Dashboard

COVID-19 MITIGATION



Vaccination is our number one line of defense in defeating COVID-19. All COVID-19 vaccines approved and authorized in the United States are safe, effective and free. **The Central Shenandoah Health District encourages everyone who is eligible to receive the COVID-19 vaccine do so as soon as possible!**

In addition to vaccination, layering other public health mitigation measures can keep you and your family safe! This can include:

- **Masking up in areas of high transmission**, even if you have already been vaccinated. Currently, the majority of localities throughout the state are in a state of substantial to high transmission. Read more about transmission [here](#).
- **Practice physical distancing (also known as social distancing)** and stay 6 feet apart from others. It is a way to slow the spread of COVID-19 by reducing close contact between people. The closer you are to other people who are not fully vaccinated and the more time you spend with those people, the higher the risk of COVID-19 spread.
- **Wash your hands often with soap and water for at least 20 seconds.** If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol, rubbing your hands together for at least 30 seconds until they are dry.

Read more about COVID-19 Mitigation Best
Practices

STATEMENT REGARDING THIRD DOSES OF COVID-19 VACCINE

Central Shenandoah Health District has started providing 3rd dose mRNA shots (Pfizer and Moderna) for immunocompromised persons immediately. CSHD currently offers 3rd dose mRNA COVID-19 vaccine shots at all

mRNA COVID-19 vaccine clinics. Eligible persons can schedule their 3rd dose mRNA shots with the Central Shenandoah Health District by going to vaccineappointments.virginia.gov. Walk-in appointments are available at some clinics as well. Appointments are preferred. CSHD expects to be able to meet the local demand for 3rd dose mRNA shots for eligible persons. At this time, additional doses of Johnson & Johnson OR a dose of an mRNA vaccine is not recommended individuals who received the one-shot Johnson & Johnson vaccine.

WHAT'S THE DIFFERENCE BETWEEN A THIRD DOSE AND A BOOSTER SHOT?

COVID-19 Vaccine 3rd Dose

- **Purpose:** To improve immunocompromised people's immune response to the 1st and 2nd doses; a 3rd dose is now recommended as part of the COVID-19 vaccine series for people who are immunocompromised. A 3rd dose is helpful for people who are immunocompromised because their initial immune response to the 1st and 2nd doses may not have provided them with strong enough protection like it did for people who are not immunocompromised.
- **Who:** Immunocompromised People
- **When:** At least 28 days (or later) after the 2nd dose.
- **Availability:** CSHD is currently providing 3rd dose vaccine appointments to the people who are immunocompromised and were vaccinated with an mRNA vaccine (Moderna or Pfizer).

COVID-19 Vaccine Booster Shot

- **Purpose:** To boost the immunity of people who are not immunocompromised as the strong protection developed from the 1st and 2nd doses decreases over time.
- **Who:** General Public
- **When:** To be determined
- **Availability:** CSHD is waiting for further guidance on when to offer booster shots to the general public and who in the general public booster shots will be recommended for.
- **NOTE** - The FDA and CDC are still in the process of reviewing available information and making final decisions about the booster shot. Some of the booster shot information may be adjusted after final decisions are shared.

Health Education Corner



September is National Recovery Month. This year, we celebrate the gains made by those in recovery of substance use disorder! Here are some takeaway messages as we celebrate:

- Behavioral health is essential to overall health.
- Prevention works.
- Treatment is effective.
- People can and do recover!

For more information on National Recovery Month and why we celebrate, please visit <https://www.naadac.org/national-recovery-month>

COVID-19 VACCINE CLINICS

Click the button below for a full list of COVID-19 vaccine clinics happening in the Central Shenandoah Health District. The clinics are separated by region. Please note that the Pfizer vaccine is approved for ages 12+ and the Moderna and Johnson & Johnson vaccines are approved for ages 18+. These schedules are subject to change

You can register for these clinics at vase.vdh.virginia.gov.

View the COVID-19 Community Calendars

We also continue to partner with organizations throughout the district to provide access to COVID-19 vaccines. Visit the websites below for COVID-19 vaccine clinics operated by our community partners!

- Augusta Health: <https://vaccinate.augustahealth.com/vaccine-appointments/>
- Carilion Rockbridge Community Hospital: <https://www.carilionclinic.org/covid-19-vaccine#latest-updates>
- Health Community Health Centers: <https://www.hburgchc.org/covid-19-2/>
- Rockbridge Area Health Center: <https://www.rockahc.org/coronavirus-covid-19-updates/>
- Sentra Rockingham Memorial Hospital: <https://www.sentara.com/harrisonburg-virginia/covid-19-information.aspx>

SOCIAL MEDIA TOOL KIT










































SOCIAL MEDIA SHAREABLES

Download these community calendars and share them to your social media pages!

**COVID-19 VACCINE CLINICS
COMMUNITY CALENDAR**
Lexington - Rockbridge - Buena Vista
Walk-ins Welcome!

MONDAY, SEPTEMBER 20	TUESDAY, SEPTEMBER 21	WEDNESDAY, SEPTEMBER 22	THURSDAY, SEPTEMBER 23	FRIDAY, SEPTEMBER 24
Raphine Medical Center 9:00am-2:00pm Pfizer, Moderna, Johnson & Johnson (Ages 18+) Partner: Raphine Medical Associates	Rockbridge Area Health Center 10:00am-5:00pm Pfizer, Moderna, Johnson & Johnson (Ages 18+) Partner: Central Shenandoah Health District	Raphine Medical Center 10:00am-5:00pm Pfizer, Moderna, Johnson & Johnson (Ages 18+) Partner: Raphine Medical Associates	Raphine Medical Center 10:00am-5:00pm Pfizer, Moderna, Johnson & Johnson (Ages 18+) Partner: Raphine Medical Associates	Raphine Medical Center 10:00am-5:00pm Pfizer, Moderna, Johnson & Johnson (Ages 18+) Partner: Raphine Medical Associates
Lexington Health Department 10:00am-4:00pm Pfizer, Moderna, Johnson & Johnson (Ages 12+) Partner: Central Shenandoah Health District	Goshen Public Library Food Pantry 2:00pm-3:00pm Pfizer, Moderna, Johnson & Johnson (Ages 12+) Partner: Washington & Lee University, CHD			

CLINICS ARE SUBJECT TO CHANGE!
For the most current information, please visit www.vdh.virginia.gov/covid-19/vaccine-clinics
or call the health department for more information.



The Central Shenandoah Health District (CSHD) is offering free COVID-19 vaccine clinics throughout July in the Lexington/Rockbridge/Buena Vista area. To make an appointment, please visit vase.vdh.virginia.gov and search for nearby clinics using your zip code.

Walk-in appointments are welcome as supply allows.

To search for other locations, visit vaccines.gov

The Central Shenandoah Health District (CSHD) is offering free COVID-19 vaccine clinics throughout July in the Staunton/Augusta/Waynesboro area. To make an appointment, please visit vase.vdh.virginia.gov and search for nearby clinics using your zip code.

Walk-in appointments are welcome as supply allows.

To search for other locations, visit vaccines.gov

The Central Shenandoah Health District (CSHD) is offering free COVID-19 vaccine clinics throughout July in the Harrisonburg/Rockingham area. To make an appointment, please visit vase.vdh.virginia.gov and search for nearby clinics using your zip code.

Walk-in appointments are welcome as supply allows.

To search for other locations, visit vaccines.gov

COVID-19 Vaccination Mythbusters

Countering misinformation is key in vaccination communication strategy. Use these graphics on your social media, emails or newsletters and link to vdh.virginia.gov to provide even further accurate information regarding COVID-19.



VACCINATION MYTHBUSTERS

MYTH "I've already had COVID-19, so I don't need a vaccine."

FACT RE-INFECTION WITH COVID-19 IS POSSIBLE, AND BEING VACCINATED COULD LESSEN YOUR SYMPTOMS IF YOU DO GET SICK AGAIN.

VDH VIRGINIA DEPARTMENT OF HEALTH **VACCINATE VIRGINIA**



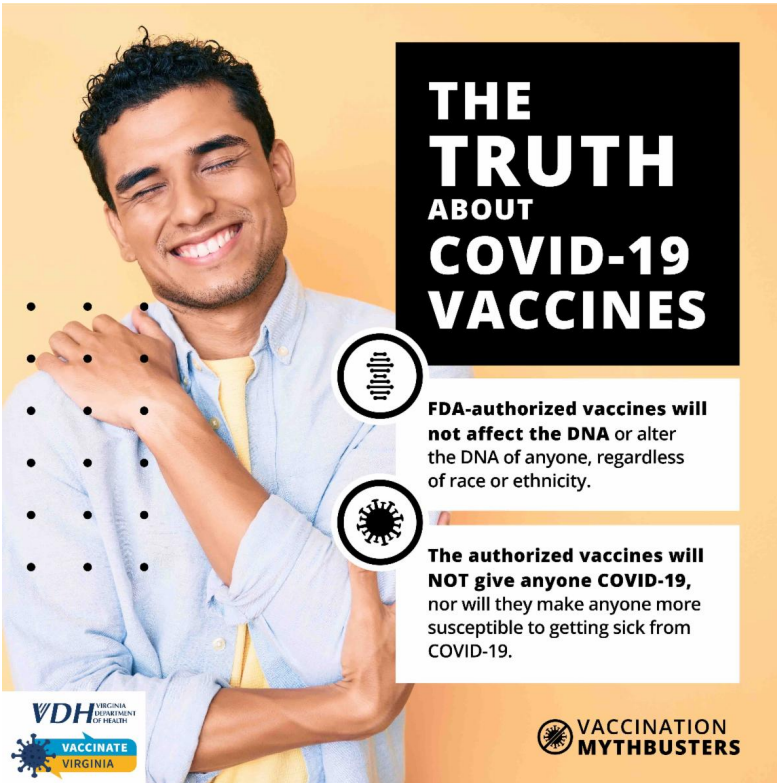
VACCINATION MYTHBUSTERS

THERE'S A LOT OF BUZZ ABOUT THE SAFETY OF COVID-19 VACCINES.

GET THE FACTS!

LEARN MORE

VDH VIRGINIA DEPARTMENT OF HEALTH **VACCINATE VIRGINIA**



THE TRUTH ABOUT COVID-19 VACCINES

FDA-authorized vaccines will not affect the DNA or alter the DNA of anyone, regardless of race or ethnicity.

The authorized vaccines will NOT give anyone COVID-19, nor will they make anyone more susceptible to getting sick from COVID-19.

VDH VIRGINIA DEPARTMENT OF HEALTH **VACCINATE VIRGINIA**

VACCINATION MYTHBUSTERS

NEW COVID-19 Vaccine & Booster Information

Available COVID-19 vaccines continue to provide strong protection against severe illness, hospitalization, and death. The protection of the mRNA COVID-19 vaccines, Pfizer and Moderna, against mild and moderate illness decreases over time. Public health officials are planning to offer Pfizer and Moderna booster doses this fall for additional protection after a thorough review of evidence. More data are being collected to determine the need for booster doses for people who received the Johnson & Johnson (J&J) vaccine. The best way to be protected is for everyone to get a COVID-19 vaccine. Learn more and find a free vaccine at Vaccinate.Virginia.gov or call 877-829-4682.

COVID-19 vaccine booster information



Get your FREE vaccine!

- Available COVID-19 vaccines continue to provide strong protection against severe illness, hospitalization, and death. The **protection of the mRNA COVID-19 vaccines** against mild and moderate illness **decreases over time**.
- Public health officials are planning to offer **Pfizer and Moderna booster doses this fall** for additional protection after a thorough review of evidence.

Learn more at [Vaccinate.Virginia.gov](https://vaccinate.virginia.gov)
or call 877-829-4682



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FOR MORE INFORMATION ABOUT COVID-19, VISIT:

<https://www.vdh.virginia.gov/coronavirus/covid-19-in-virginia/>

